

Spring Summer 2026 Menu (Regular Menu)



WEEK 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Assorted Juice Hot Oatmeal Scrambled Eggs English Muffin Pear Wedges	Assorted Juice Hot Oatmeal Hard Boiled Egg Whole Wheat Toast Fresh Banana	Assorted Juice Cream of Wheat Cheddar Cheese Egg Bites Rye Bread Cantaloupe	Assorted Juice Hot Oatmeal Turkey Breakfast Sausage Scrambled Eggs Whole Wheat Toast Banana	Assorted Juice Hot Oatmeal Fried Egg English Muffin Fresh Orange Wedges	Assorted Juice Cream of Wheat Scrambled Eggs Whole Wheat Toast Banana	Assorted Juice Hot Oatmeal Bacon Traditional French Toast with Syrup Honeydew
	Alternate Choice Assorted Cold Cereal Peanut Butter Whole Wheat Toast	Alternate Choice Assorted Cold Cereal Cottage Cheese Cinnamon Raisin Toast	Alternate Choice Assorted Cold Cereal Peanut Butter Whole Wheat Toast	Alternate Choice Assorted Cold Cereal Vanilla Greek Yogurt Blueberry Muffin	Alternate Choice Assorted Cold Cereal Sliced Mozzarella Cheese Cinnamon Raisin Toast	Alternate Choice Assorted Cold Cereal Vanilla Greek Yogurt Rye Bread	Alternate Choice Assorted Cold Cereal Peanut Butter Whole Wheat Toast
	Mushroom Cream Soup BBQ Pulled Pork Sandwich Creamy Coleslaw Pineapple Tidbits	Split Pea Soup Cheese Tortellini with Marinara Sauce Broccoli Apple Wedges	White Bean Carrot Ginger Soup BBQ Hamburger on a Bun (Tomato, lettuce) Tomato Salad Orange Wedges	Minestrone Soup Breaded Chicken Tenders with Plum Sauce Potato Wedges Green Beans, Yellow Beans & Carrot Mix Apricot Halves	Chicken Rice Congee Soup Traditional Shepherd's Pie Corn Niblets Diced Pears	Lentil Soup Cheese Pizza Rainbow Salad Diced Watermelon	Vegetable Cream Soup Herbed Tuna Salad on Whole Wheat Broccoli Salad Fruit Cocktail
	Alternate Choice Assorted Juice Harvest Chicken Salad Plate (Chicken Salad, Harvest Salad, Applesauce) Dinner Roll Blueberry Streusel Cake	Alternate Choice Assorted Juice Salmon Salad Sandwich on Whole Wheat Garden Salad with French Dressing Blondie Square	Alternate Choice Assorted Juice Chicken Drumstick Baked Potato Cucumber Slices Ice Cream Sandwich	Alternate Choice Assorted Juice Ham Salad Sandwich on Whole Wheat Green Pea Salad Lemon Square	Alternate Choice Assorted Juice Seasonal Fruit and Cheese Salad Plate Chocolate Ice Cream	Alternate Choice Assorted Juice Turkey Submarine Sandwich (Turkey, Mayo, Tomato, Lettuce) Caesar Salad Caramel Bread Pudding	Alternate Choice Assorted Juice Farmers Sausage Baked Beans with Corn Bread Braised Red Cabbage with Apple Pineapple Upside Down Cake
	Assorted Juice Mongolian Stir Fry Beef Chow Mein Broccoli, Green Beans & Carrot Medley Banana Plus Pudding	Assorted Juice Marmalade Glazed Chicken Thigh Basmati Rice Green Beans, Wax Beans & Carrot Medley Trifle Poke Cake	Assorted Juice Pork Potato Stew Dinner Roll Sauteed Cabbage Coffee Mousse	Assorted Juice Beef Lasagna Diced Butternut Squash Peach Vanilla Loaf	Assorted Juice Chicken Cacciatore Mashed Potatoes Yellow & Orange Carrots and Green Beans Mix Lime Jello with Whip	Assorted Juice Baked Ham Scalloped Potatoes Green Peas Chocolate Chip Loaf	Assorted Juice Braised Beef with Gravy Mashed Sweet & Yukon Potatoes Diced Turnip Coconut Cream Pie
	Alternate Choice Vegetarian Chili Cornmeal Muffin Sliced Peaches	Alternate Choice Cajun Rubbed Pork Chop Mashed Potatoes Green Peas Apricot Halves	Alternate Choice Lemon Caper Sole Rice Pilaf Dill Steamed Carrots Diced Pears	Alternate Choice Panang Tofu Curry Egg Noodles Spring Roll Fruit Cocktail	Alternate Choice Chicken Cacciatore Creamy Polenta Parslied Cauliflower Pineapple Tidbits	Alternate Choice Honey Mustard Meatballs Chive Mashed Potatoes Carrot, Zucchini, Cauliflower & Beans Medley Cinnamon Applesauce	Alternate Choice Chicken Vegetable Stew Tea Biscuit Sliced Peaches

Spring Summer 2026 Menu (Regular Menu)

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Assorted Juice Hot Oatmeal Scrambled Eggs Whole Wheat Toast Banana <u>Alternate Choice</u> Assorted Cold Cereal Vanilla Greek Yogurt Cinnamon Raisin Toast	Assorted Juice Cream of Wheat Turkey Sausage Egg Bites English Muffin Apple Wedges <u>Alternate Choice</u> Assorted Cold Cereal Sliced Cheddar Cheese Whole Wheat Toast	Assorted Juice Hot Oatmeal Scrambled Eggs Whole Wheat Toast Orange Wedges <u>Alternate Choice</u> Assorted Cold Cereal Peanut Butter English Muffin	Assorted Juice Hot Oatmeal Hard Boiled Egg Rye Bread Honeydew Melon <u>Alternate Choice</u> Assorted Cold Cereal Vanilla Greek Yogurt Banana Muffin	Assorted Juice Cream of Wheat Mushroom Egg Bites Cinnamon Raisin Toast Banana <u>Alternate Choice</u> Assorted Cold Cereal Sliced Mozzarella Cheese Whole Wheat Toast	Assorted Juice Hot Oatmeal Fried Eggs Whole Wheat Toast Cantaloupe <u>Alternate Choice</u> Assorted Cold Cereal Peanut Butter Rye Bread	Assorted Juice Hot Oatmeal Bacon Waffle with Syrup Banana <u>Alternate Choice</u> Assorted Cold Cereal Vanilla Greek Yogurt Whole Wheat Toast
LUNCH	Smokey Tomato and Harissa Soup Deluxe Beef Burger Pom Pom Potatoes (Tater Tots) Creamy Coleslaw Sliced Peaches <u>Alternate Choice</u> Assorted Juice Devilled Egg Salad Plate (Egg Salad, Macaroni Salad, Bean Salad) Butterscotch Pudding	Chicken Noodle Soup Seafood Pot Pie Italian Vegetable Mix (Carrot, Zucchini, Cauliflower, Red Peppers, Lima Beans & Romano Beans Mix) Fruit Cocktail <u>Alternate Choice</u> Assorted Juice Corned Beef Sandwich on Rye Bread Garden Salad with Zesty Italian Dressing Creamsicle Poke Cake	Navy Bean & Kale Soup Chicken Thigh Greek Salad Blueberry Applesauce <u>Alternate Choice</u> Assorted Juice Grilled Ham with Pineapple Steamed Broccoli Dinner Roll Vanilla ice Cream	Butternut Squash Soup Dijon Ham Sandwich Vinaigrette Coleslaw Apricot Halves <u>Alternate Choice</u> Assorted Juice Macaroni and Cheese Broccoli & Cauliflower Mix Vanilla Plus Mousse	Carrot and Parsnip Soup Potato Crusted Cod with Tartar Sauce Potato Wedges Green and Wax Beans Apple Wedges <u>Alternate Choice</u> Assorted Juice Roast Beef Sandwich on Whole Wheat Beet and Balsamic Salad Lemon Cupcake	Split Pea Soup Pepperoni Pizza Spinach Salad with French Dressing Diced Pears <u>Alternate Choice</u> Assorted Juice Curry Chicken Salad Whole Wheat Bread Caramel Rice Pudding	Cauliflower Cheddar Soup Breaded Chicken Drumstick Garlic Mashed Potatoes Green Peas Orange Wedges <u>Alternate Choice</u> Assorted Juice Herb Egg Salad Sandwich Tomato Cucumber Zaataar Salad Two Bite Brownie
DINNER	Assorted Juice Turkey Pineapple Curry Stir Fry Brown Rice Yellow Beans Chocolate Éclair Cake <u>Alternate Choice</u> Vegetable Herb Basa Mashed Potatoes Broccoli Orange Wedges	Assorted Juice Pork Chop with Mushroom Gravy Sour Cream Mashed Potatoes Harvard Beets Cinnamon Pudding <u>Alternate Choice</u> Rotisserie Chicken Thigh Moroccan Barley Sliced Carrots Diced Watermelon	Assorted Juice Meatballs with Marinara Sauce Spaghetti Green and Wax Beans Rice Krispies Square <u>Alternate Choice</u> Vegetable Plant-Based Sausage Stew Garlic Breadstick Diced Pears	Assorted Juice Chicken Kiev (Breaded chicken stuffed with herbs) Chive Mashed Potatoes Glazed Sliced Carrots Blondie Square <u>Alternate Choice</u> Beef Stroganoff Egg Noodles Green Peas Fruit Cocktail	Assorted Juice Pork and Lentil Tourtière Sautéed Cabbage Chocolate Pudding <u>Alternate Choice</u> Baked Tomato and Basil Penne Alfredo Pasta Steamed Cauliflower Sliced Pears	Assorted Juice Turkey and Rice Casserole Italian Green Beans Strawberry Mousse <u>Alternate Choice</u> Beef Meatloaf with Gravy Mashed Potatoes Sliced Carrots Cinnamon Applesauce	Assorted Juice Herbed Pork Loin with Mustard Sauce Steamed Seasoned Potatoes Roasted Garlic Zucchini Spiced Cake with Cream Cheese Frosting <u>Alternate Choice</u> Parmesan Salmon Brown Rice Broccoli & Cauliflower Medley Apricot Halves

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Spring Summer 2026 Menu (Regular Menu)

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Assorted Juice Cream of Wheat Scrambled Eggs English Muffin Honeydew <u>Alternate Choice</u> Assorted Cold Cereal Peanut Butter Whole Wheat Toast	Assorted Juice Hot Oatmeal Hard Boiled Egg Whole Wheat Toast Banana <u>Alternate Choice</u> Assorted Cold Cereal Sliced Cheddar Cheese Cinnamon Raisin Toast	Assorted Juice Hot Oatmeal Scrambled Eggs Rye Bread Pear Wedges <u>Alternate Choice</u> Assorted Cold Cereal Peanut Butter Whole Wheat Toast	Assorted Juice Cream of Wheat Breakfast Casserole (Egg, Potato & Cheese) Whole Wheat Toast Banana <u>Alternate Choice</u> Assorted Cold Cereal vanilla Greek Yogurt Raisin Bran Muffin	Assorted Juice Hot Oatmeal Egg Patty English Muffin Cantaloupe <u>Alternate Choice</u> Assorted Cold Cereal Peanut Butter Whole Wheat Toast	Assorted Juice Hot Oatmeal Scrambled Eggs Whole Wheat Toast Banana <u>Alternate Choice</u> Assorted Cold Cereal Vanilla Greek Yogurt Whole Wheat Toast	Assorted Juice Cream of Wheat Fried Egg Pancake Square w/ Syrup Orange Wedge <u>Alternate Choice</u> Assorted Cold Cereal Cottage Cheese Whole Wheat Toast
LUNCH	Cream of Broccoli Soup Turkey Pesto and Mozzarella Sandwich on Whole Wheat Spring Carrot Salad Cantaloupe <u>Alternate Choice</u> Assorted Juice Cabbage Roll Casserole Butternut Squash Coffee Mousse	French Onion Soup Three Cheese Quiche Roasted Potatoes Roasted Tomatoes Orange Wedges <u>Alternate Choice</u> Assorted Juice Ham Submarine Sandwich Cucumber Radish Salad Blueberry Oatmeal Loaf	Cream of Mushroom Soup Ball Park Beef Hot Dog Sweet Potato Fries Broccoli & Cauliflower Medley Apple Wedges <u>Alternate Choice</u> Assorted Juice Chicken Skewer Garden Salad with Zesty Italian Dressing Raspberry Sorbet	Mulligatawny Soup Chicken and Vegetable Pot Pie Harvard Beets Fruit Cocktail <u>Alternate Choice</u> Assorted Juice Sliced Beef and Asian Fusion Salad Plate Lemon Bar	Sweet Potato Onion Soup Vegetable Lasagna Sauteed Zucchini Apricot Halves <u>Alternate Choice</u> Assorted Juice Chicken BLT Entree Salad with Ranch Dressing Cheesecake Pudding	Chicken Noodle Soup BBQ Beef Meatballs Brown Rice Broccoli Florets Diced Peaches <u>Alternate Choice</u> Assorted Juice Egg Salad Sandwich on Croissant Caesar Salad Chocolate Ice Cream	Spring Veg Chowder Honey Garlic Pork Sausage Mashed Sour Cream Potatoes Braised Cabbage Diced Pears <u>Alternate Choice</u> Assorted Juice Herb Tuna Salad on Whole Wheat Greek Salad Raspberry Jello Whip
DINNER	Assorted Juice Sweet & Sour Chicken Thigh Brown Rice Green Beans Banana Cake <u>Alternate Choice</u> Penne Pasta Primavera Garlic Breadstick Sliced Peaches	Assorted Juice Lemon Caper Baked Basa Mashed Potatoes Corn Niblets Neapolitan Ice Cream <u>Alternate Choice</u> Moroccan Glazed Chicken Breast Couscous Green Peas Fruit Cocktail	Assorted Juice Turkey and Barley Stew Cornbread Ice Cream Sandwich <u>Alternate Choice</u> Honey Mustard Ribs Chive Mashed Potatoes Yellow & Orange Carrots, and Green Beans Vegetables Apricot Halves	Assorted Juice Citrus Glazed Ham Scalloped Potatoes Green Beans Strawberry Poke Cake <u>Alternate Choice</u> Vietnamese Hoisin Tofu Stir Fry Jasmine Rice Pineapple Tidbits	Assorted Juice Beer Battered Haddock with Tartar Sauce French Fries Green Peas Cauliflower Lemon Cake <u>Alternate Choice</u> Salisbury Steak with Mushroom Gravy Mashed Potatoes Roasted Brussels Sprouts Cinnamon Applesauce	Assorted Juice Pork Chop with Gravy Mini Red Potatoes Mashed Turnip Tangerine Mousse <u>Alternate Choice</u> Chicken Parmesan Bake Yellow Beans Fruit Cocktail	Assorted Juice Braised Roast Beef with Swedish Gravy Mashed Potatoes Corn Niblets Apple Peach Crisp <u>Alternate Choice</u> Vegetable Shepherd's Pie Yellow Beans Diced Watermelon

WEEK 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Assorted Juice Hot Oatmeal Hard Boiled Egg Whole Wheat Toast Banana <u>Alternate Choice</u> Assorted Cold Cereal Vanilla Greek Yogurt Cinnamon Raisin Toast	Assorted Juice Hot Oatmeal Cheddar Egg Bite Rye Bread Orange Wedge <u>Alternate Choice</u> Assorted Cold Cereal Peanut Butter Whole Wheat Toast	Assorted Juice Cream of Wheat Hard Boiled Egg Pork Breakfast Sausage Whole Wheat Toast Banana <u>Alternate Choice</u> Assorted Cold Cereal Cottage Cheese English Muffin	Assorted Juice Hot Oatmeal Scrambled Eggs Cinnamon Raisin Toast Pear Wedges <u>Alternate Choice</u> Assorted Cold Cereal Peanut Butter Rye Bread	Assorted Juice Hot Oatmeal Fried Egg English Muffin Banana <u>Alternate Choice</u> Assorted Cold Cereal Vanilla Greek Yogurt Whole Wheat Toast	Assorted Juice Cream of Wheat Scrambled Eggs Honeydew Whole Wheat Toast <u>Alternate Choice</u> Assorted Cold Cereal Sliced Mozzarella Cheese Raspberry Yogurt Muffin	Assorted Juice Hot Oatmeal Bacon Fresh Banana Waffle with Syrup <u>Alternate Choice</u> Assorted Cold Cereal Creamy Yogurt Whole Wheat Toast
LUNCH	Cream of Celery Soup Chicken Tenders with Plum Sauce Roasted Potatoes Green Peas Apricot Halves <u>Alternate Choice</u> Assorted Juice Pork Chow Mein (Pork Loin, Chow Mein Noodles, Onion, Carrots, Celery, Broccoli) Spring Roll Strawberry Angel Food Cake	Cream of Carrot Soup Spinach and Mushroom Penne Alfredo Butternut Squash Cherry Applesauce <u>Alternate Choice</u> Assorted Juice Beef Sandwich on Whole Wheat Creamy Cucumber Ranch Plus Salad Ice Cream Sandwich	Three Sisters Soup Pork Chop Dinner Roll Broccoli Salad Fruit Cocktail <u>Alternate Choice</u> Assorted Juice Chicken Thigh Caesar Salad Garlic Breadstick Maple Walnut Ice Cream	Plus Tomato Soup Beef Hamburger Helper Pasta Steamed Cauliflower Sliced Peaches <u>Alternate Choice</u> Assorted Juice Grilled Cheese Sandwich on Whole Wheat Garden Salad with French Dressing Apple Tarts	Moroccan Chickpea Soup Chicken Pot Pie Corn Niblets Apricot Halves <u>Alternate Choice</u> Assorted Juice Herb Salmon Salad Sandwich on Whole Wheat Spinach and Carrot Salad with Zesty Italian Dressing Buttercream Brownie	Mulligatawny Soup Eggs Benedict Casserole Green Peas Diced Pears <u>Alternate Choice</u> Assorted Juice Chicken Salad Plate (Chicken, Chickpeas, Cucumber, Tomato & Olives) Herb Tea Biscuit Orange Jello with Whip	Chicken Rice Soup Tuna Melt on a Bun Garden Salad with Lemon Thyme Dressing Fruit Cocktail <u>Alternate Choice</u> Assorted Juice Ham Salad Cold Plate (Sliced Ham, Apple Slaw, Potato Salad) Chocolate Ice Cream
DINNER	Assorted Juice Beef Bobotie White Rice Green Beans Butterscotch Pudding <u>Alternate Choice</u> Salmon Meatloaf with Honey Dill Mayo Garlic Mashed Potatoes Steamed Cauliflower Diced Pears	Assorted Juice Apple Cider Pork Loin Mashed Potatoes Sliced Carrots Plus (Pea) Brownie <u>Alternate Choice</u> Peach BBQ Chicken Drumstick Jamaican Beans & Rice Harvard Beets Pineapple Tidbits	Assorted Juice Turkey Schnitzel Roasted Potatoes Green Peas Rice Krispies Bar <u>Alternate Choice</u> Traditional Beef and Potato Stew Dinner Roll Diced Watermelon	Assorted Juice Chicken Peanut Stew Brown Rice Chocolate Mousse <u>Alternate Choice</u> Pineapple Curry Basa Mashed Potatoes Broccoli Florets Orange Wedges	Assorted Juice Honey Garlic Pork Chop Chive Mashed Potatoes Diced Turnip Coconut Rice Pudding <u>Alternate Choice</u> Cheese Ravioli with Marinara Sauce Green Beans, Wax Beans, Orange & Yellow Carrots Medley Fruit Cocktail	Assorted Juice Citrus and Herb Blue Cod Red Skin Potato Wedges Butternut Squash Lemon Mousse <u>Alternate Choice</u> Swedish Meatballs (beef & pork) Egg Noodles Yellow Beans Tropical Applesauce	Assorted Juice Roasted Turkey with Gravy Mashed Potatoes Peas and Carrots Cherry Cake with Cream Cheese Icing <u>Alternate Choice</u> Vegetarian Chili Cornmeal Muffin Tropical Applesauce